Tips and Tools for Patient Assessment

I — Is therapy **indicated**?
Understand the indication and if it is still valid (for example, has anything changed with his health status? Was the medication meant for short term use?)

E — Is therapy **effective**?
Understand if the goals of the therapy are being met (for example, are the medications supporting changes in blood sugar?)

S — Is therapy **safe**?
Understand if there are changes in medications or conditions, if monitoring is needed (e.g. blood work), if there are potentially other untreated conditions or if additional therapies could be instituted.

U — Is the patient willing to ***use/adhere*** to therapy?
Understand the patient's compliance with the drug regimen and schedule.

https://abpharmacy.ca/sites/default/files/ccctoolcard_web.pdf?redirect

Patient Assessment Pearls:

https://abpharmacy.ca/sites/default/files/VitalToCCC.pdf

CONNECT WITH PATIENTS

Engaging with patients at every encounter can create an opportunity for patients to collaborate in their care.

CONFIRM AND DOCUMENT INDICATION

Confirming the indication can support your patients and their assessment and monitoring.

Don't make assumptions. If you or the patient are not sure about the indication, seek clarification from the prescriber or other sources.

Document the indication electronically to facilitate monitoring and future assessments.

Tips:
- Find the best location to document patient information in your software.
- Write the indication on the prescription prior to scanning.

MONITOR PATIENTS

Reconnecting with patients can help you find out how their medications are working and what you can do to continue supporting them.

For every prescription that is dispensed, pharmacists must ask whether the prescription is therapeutically appropriate

Tip: use IESU process to ask yourself if you are making any assumptions

This includes gathering relevant information through dialogue with the patient, and creating, adjusting or reviewing the patient profile. Note that patient profiles need to be maintained; a patient's health is not static and their profile should be reviewed on a regular basis.