

Community Resources for Victims of Sexual Abuse

Below is a list of organizations that provide support services or information about community services.

1. Ontario Coalition of Rape Crisis Centres
<https://sexualassaultsupport.ca/support/>
Sexual assault centres provide free counselling and information about sexual violence. Available to call 24/7. Contact information for centres in Ontario (including helplines for children and Indigenous women).
2. Ontario Network of Sexual Assault/Domestic Violence Treatment Centres
<https://www.sadvttreatmentcentres.ca/>
<https://www.sadvttreatmentcentres.ca/counselling.html>
A network of 35 hospital-based centres throughout Ontario. Free source of information, care and support.
3. Assaulted Women's Helpline
<http://awhl.org>
Assaulted Women's Helpline offers a 24-hour telephone and TTY crisis line for all women who have experienced abuse. Providing counselling, emotional support, information and referrals. Anonymous and confidential.
4. Male survivors of sexual abuse – Support Services
24/7 multilingual support service for male survivors of sexual abuse, both recent and historical.
https://www.attorneygeneral.jus.gov.on.ca/english/ovss/male_support_services/
5. Fem'aide – Ligne de soutien pour femmes touchées par la violence
<http://www.femaide.ca/>
24/7 crisis hotline for Francophone and French speaking women living in Ontario.
6. Talk4Healing
<http://www.talk4healing.com/>
Talk4Healing is a culturally grounded, fully confidential helpline for Indigenous women available in 14 languages across Ontario.
7. Ontario Women's Justice Network (OWJN)
http://owjn.org/owjn_2009/getting-support
Helps survivors of violence and their supporters better understand legal rights in Ontario. OWJN does not give legal advice. The website offers accessible legal information in a way that reflects the diverse experiences and realities of women. Lists organizations providing mental health, legal, abuse and other resources.
8. Women's Shelters
eMentalHealth.ca A list of women's shelters across Ontario.
Sheltersafe.ca A map and list of Ontario women's shelters.
9. Canadian Centre for Abuse Awareness
<https://abusehurts.ca/>
Available to call 24/7 with information on services in Ontario (Children, Elder Abuse, Men, First Nations).

10. Family Association of Ontario
<http://familyserviceontario.org>
Family Service agencies in Ontario who deliver a wide range of mental health, trauma and wellness services to individuals and families in workplaces and communities.
11. Community Advocacy and Legal Centre Ontario (CALC)
<http://communitylegalcentre.ca/wp-content/uploads/2019/12/Counselling-Referral-Resources.pdf>
<https://communitylegalcentre.ca/legal-info/sexual-harassment-at-work/>
Sexual assault counselling referral resources.
12. The Victim Quick Response Program + (VQRP+)
<https://www.attorneygeneral.jus.gov.on.ca/english/ovss/vqrp.php>
Provides short-term financial support toward essential expenses for victims, their immediate family members and witnesses in the **immediate aftermath of a violent crime** to help reduce the impact of the crime, enhance safety and meet immediate practical needs.
13. Association of Native Child & Family Services Associations of Ontario
<https://ancfsao.ca/home/find-an-indigenous-child-and-family-well-being-agency/>
14. Aboriginal Health Access Centres
<https://www.allianceon.org/aboriginal-health-access-centres>
15. Native Women's Resource Centre of Toronto
<http://nwrct.ca/programs/>
16. DisAbled Women's Network Canada
<https://dawnacanada.net/issues/we-can-tell-and-we-will-tell-2/>
17. Ministry of the Attorney General – Victim Services
<https://www.attorneygeneral.jus.gov.on.ca/english/ovss/>
List of organizations providing services for victims of crime.
18. Human Rights Legal Support Centre / Centre d'assistance juridique en matière de droits de la personne
www.hrlsc.on.ca
19. What do I do if I'm being sexually harassed? Ontario Human Rights Commission
<http://www.ohrc.on.ca/en/what-do-i-do-if-i%E2%80%99m-being-sexually-harassed>
20. 211 Ontario
<http://211ontario.ca>
Search engine for finding programs and services in various geographical areas of Ontario.
21. Province of Ontario - Get help if you are experiencing violence
<https://www.ontario.ca/page/get-help-if-you-are-experiencing-violence#section-3>
<https://www.ontario.ca/page/womens-issues>
22. Legal Aid Ontario
<https://www.legalaid.on.ca/>

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