

## Community Resources for Victims of Sexual Abuse

Below is a list of organizations that provide support services or information about community services.

1. Ontario Coalition of Rape Crisis Centres  
<https://sexualassaultsupport.ca/support/>  
Sexual assault centres provide free counselling and information about sexual violence. Available to call 24/7. Contact information for centres in Ontario (including helplines for children and Indigenous women).
2. Ontario Network of Sexual Assault/Domestic Violence Treatment Centres  
<https://www.sadvtreatmentcentres.ca/>  
<https://www.sadvtreatmentcentres.ca/counselling.html>  
A network of 35 hospital-based centres throughout Ontario. Free source of information, care and support.
3. Assaulted Women's Helpline  
<http://awhl.org>  
Assaulted Women's Helpline offers a 24-hour telephone and TTY crisis line for all women who have experienced abuse. Providing counselling, emotional support, information and referrals. Anonymous and confidential.
4. Male survivors of sexual abuse – Support Services  
24/7 multilingual support service for male survivors of sexual abuse, both recent and historical.  
[https://www.attorneygeneral.jus.gov.on.ca/english/ovss/male\\_support\\_services/](https://www.attorneygeneral.jus.gov.on.ca/english/ovss/male_support_services/)
5. Fem'aide – Ligne de soutien pour femmes touchées par la violence  
<http://www.femaide.ca/>  
24/7 crisis hotline for Francophone and French speaking women living in Ontario.
6. Talk4Healing  
<http://www.talk4healing.com/>  
Talk4Healing is a culturally grounded, fully confidential helpline for Indigenous women available in 14 languages across Ontario.
7. Ontario Women's Justice Network (OWJN)  
[http://owjn.org/owjn\\_2009/getting-support](http://owjn.org/owjn_2009/getting-support)  
Helps survivors of violence and their supporters better understand legal rights in Ontario. OWJN does not give legal advice. The website offers accessible legal information in a way that reflects the diverse experiences and realities of women. Lists organizations providing mental health, legal, abuse and other resources.
8. Women's Shelters  
[eMentalHealth.ca](http://eMentalHealth.ca) A list of women's shelters across Ontario.  
[Sheltersafe.ca](http://Sheltersafe.ca) A map and list of Ontario women's shelters.
9. Canadian Centre for Abuse Awareness  
<https://abusehurts.ca/>  
Available to call 24/7 with information on services in Ontario (Children, Elder Abuse, Men, First Nations).

10. Family Association of Ontario  
<http://familyserviceontario.org>  
Family Service agencies in Ontario who deliver a wide range of mental health, trauma and wellness services to individuals and families in workplaces and communities.
11. Community Advocacy and Legal Centre Ontario (CALC)  
<http://communitylegalcentre.ca/wp-content/uploads/2019/12/Counselling-Referral-Resources.pdf>  
<https://communitylegalcentre.ca/legal-info/sexual-harassment-at-work/>  
Sexual assault counselling referral resources.
12. The Victim Quick Response Program + (VQRP+)  
<https://www.attorneygeneral.jus.gov.on.ca/english/ovss/vqrp.php>  
Provides short-term financial support toward essential expenses for victims, their immediate family members and witnesses in the **immediate aftermath of a violent crime** to help reduce the impact of the crime, enhance safety and meet immediate practical needs.
13. Association of Native Child & Family Services Associations of Ontario  
<https://ancfsao.ca/home/find-an-indigenous-child-and-family-well-being-agency/>
14. Aboriginal Health Access Centres  
<https://www.allianceon.org/aboriginal-health-access-centres>
15. Native Women's Resource Centre of Toronto  
<http://nwrct.ca/programs/>
16. DisAbled Women's Network Canada  
<https://dawnacanada.net/issues/we-can-tell-and-we-will-tell-2/>
17. Ministry of the Attorney General – Victim Services  
<https://www.attorneygeneral.jus.gov.on.ca/english/ovss/>  
List of organizations providing services for victims of crime.
18. Human Rights Legal Support Centre / Centre d'assistance juridique en matière de droits de la personne  
[www.hrlsc.on.ca](http://www.hrlsc.on.ca)
19. What do I do if I'm being sexually harassed? Ontario Human Rights Commission  
<http://www.ohrc.on.ca/en/what-do-i-do-if-i%E2%80%99m-being-sexually-harassed>
20. 211 Ontario  
<http://211ontario.ca>  
Search engine for finding programs and services in various geographical areas of Ontario.
21. Province of Ontario - Get help if you are experiencing violence  
<https://www.ontario.ca/page/get-help-if-you-are-experiencing-violence#section-3>  
<https://www.ontario.ca/page/womens-issues>
22. Legal Aid Ontario  
<https://www.legalaid.on.ca/>

*Links to other websites and social media platforms are provided as a convenience only. These links do not imply an endorsement or affiliation with the owners of any linked sites or platforms. The College has no control over the content or reliability of any linked sites provided. These sites are the sole responsibility of their owners and operators.*